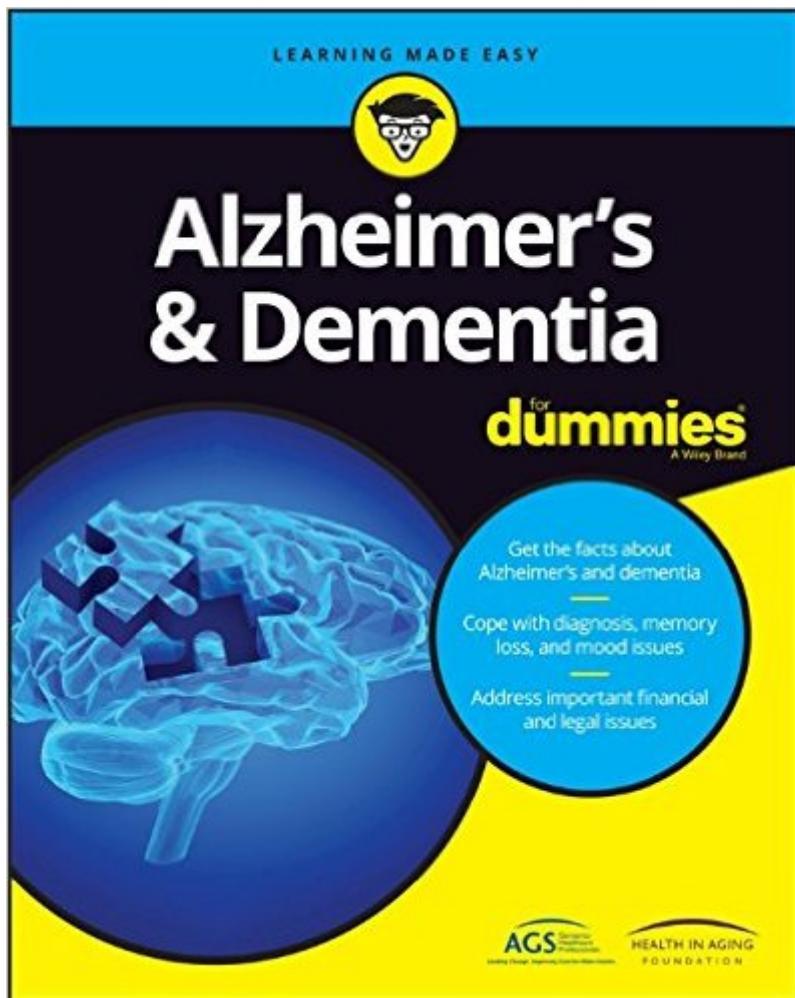


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# Alzheimer's And Dementia For Dummies



## Synopsis

Your sensitive, authoritative guide to Alzheimer's and dementia If a loved one has recently been diagnosed with dementia or Alzheimer's disease, it's only natural to feel fraught with fear and uncertainty about what lies ahead. Fortunately, you don't have to do it alone. This friendly and authoritative guide is here to help you make smart, informed choices throughout the different scenarios you'll encounter as a person caring for someone diagnosed with dementia or Alzheimer's disease. From making sense of a diagnosis to the best ways to cope with symptoms, Alzheimer's and Dementia For Dummies is the trusted companion you can count on as you navigate your way through this difficult landscape. Affecting one's memory, thinking, and behavior, dementia and Alzheimer's disease can't be prevented, cured, or slowedâ "but a diagnosis doesn't mean you have to be left helpless! Inside, you'll find out how to make sense of the symptoms of dementia and Alzheimer's disease, understand the stages of the illnesses, and, most importantly, keep your loved one safe and comfortableâ "no matter how severe their symptoms are. Find out what to expect from Alzheimer's and dementia Discover what to keep in mind while caring for someone with Alzheimer's or dementia Uncover symptoms, causes, and risk factors of Alzheimer's and dementia Learn the critical information needed to help manage these illnesses Whether you're new to caring for a person affected by Alzheimer's or dementia or just looking for some answers and relief on your journey, this is the trusted resource you'll turn to again and again.

## Book Information

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## Customer Reviews

This book offers a very wide range of vital information for people facing a diagnosis of dementia, and for their caregivers. Like many "For Dummies" books, each chapter is written to stand on its own; there is no need to read the book straight through (though I did). Two tables of contents (one general and one very detailed) and a good index help the reader to find exactly what's needed. One of the best aspects of "For Dummies" books is the "Ten" chapter at the end. This book has 3 sets of "Ten"s, one of which is partially addressed to the patient. The rest of the book is for the most part directed to the caregiver. Throughout the book, the authors continuously emphasize the great advantages of early planning for the patient's care, as this is very unfortunately a progressive disease. Financial, legal, and health decisions made soon after diagnosis can spare the patient and the family much grief and expense in what is already such an emotionally challenging situation. Other topics covered include a chapter on various forms (four covered here) of dementia; caring for the patient at home, in an institution, or both; managing all aspects of daily life with this person's difficulties in mind; record keeping; financial and legal and health related decisions; end of life issues; care of the caregiver, etc. etc. etc. Here are some of the things I most appreciated about this book: first, the emphasis on preserving the patient's dignity throughout this long and difficult process. Second, along with that, the importance of maintaining compassion for the patient; remembering that they are not doing things intentionally.

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